



~ MENU ~

*All of our meals are freshly made using ingredients from local suppliers. Please see our daily specials board situated in the dining area or ask staff for more information about our additional dishes.*

~ STARTERS ~

**Soup of the Day (V)**

Served with sliced farmhouse bread and butter. £4.00

**Chicken Goujons**

Served with a salad garnish and sweet chilli sauce. £5.25

**Potted Crab**

In a lightly spiced lemon butter, served with salad and toasted focaccia bread. £5.25

**Black Pudding Stack**

Bury Black Pudding, served on a bed of mixed leaves with sliced bacon topped with balsamic syrup and a poached egg. £5.25

**Breaded Brie Wedges (V)**

Homemade breaded brie wedges served with a salad garnish and cranberry sauce. £4.50

**Deep-fried Whitebait**

Served with a salad garnish, lemon mayonnaise and toasted focaccia. £4.50

**Warm Goat's Cheese Salad (V)**

A mixed leaf salad, with sun-dried tomatoes and balsamic syrup. £5.00

**Homemade Chicken Liver & Brandy Pâté**

Served with toasted focaccia and a mixed leaf salad. £5.00

**Beer Battered King Prawns**

Served with salad garnish and sweet chilli dipping sauce. £5.50

*~ PUB FAVOURITES ~*

**Beer Battered Fish & Chips**

Fresh haddock in real ale batter, served with hand-cut chips, mushy peas, tartare sauce and a lemon wedge. £12.50

**Cumberland Sausage And Mash**

A Cumberland sausage swirl served on creamy mashed potato, served with mushy peas or seasonal vegetables and onion gravy. £9.00

**Steak & Old Tom Pie**

Our homemade steak and ale filling topped with a puff pastry lid, served with either seasonal vegetables or mushy peas and hand-cut chips or creamy mashed potato. £10.50

**Homemade Chilli-con-Carne**

Moderately hot Mexican classic, topped with jalapeños. Serves with either rice or chips and a salad garnish. £9.00

**Three Mariners Lancashire Hotpot**

Slow cooked Lune Valley lamb, with herbs and vegetables, topped with crispy potatoes and served with pickled red cabbage, brown bread and butter. £10.50

**Chicken & Chorizo Salad**

Succulent chicken breast and chorizo with a mixed leaf salad, croutons and Caesar sauce. £9.50

**Homemade Chicken Kiev**

A breaded chicken breast, filled with chorizo, garlic and herb butter. Served with sweet potato fries and a dressed side salad. £10.50

**Mariners Fish Salad**

Oven baked haddock, with a mixed leaf salad, croutons and a topped with a poached egg. £9.50

## ~ GOURMET BURGERS ~

*Our burgers are all served in a toasted muffin with coleslaw, side salad and hand-cut chips.*

*You can choose from 8oz Beef burger, Chicken fillet, or a Spicy bean burger (V). Add cheese, bacon, fried egg or onion rings for 60p*

### **Classic Mariners**

Served with fried onions and relish. £7.45

### **Chilli Death**

With pickled jalapeños, Mexicana cheese, fresh green chillies and our homemade Chilli Death sauce. £8.95

### **The Frenchman**

Topped with sautéed garlic mushrooms, melted brie and garlic mayonnaise. £7.95

### **The Mediterranean**

Topped with olive tapenade, sundried tomato and grilled halloumi. £8.95

### **The Lancastrian**

Topped with black pudding, egg and tasty Lancashire cheese. £8.95

### **Black & Blue**

Topped with blue cheese and Cajun spice. £8.50

### **Dante's Peak**

Two inferno burgers topped with Cajun spiced bacon, fresh green chillies, jalapeños, Mexicana cheese and our homemade Chilli Death sauce. Not for the faint of heart! £13.95

### **The Mighty**

Two 8oz burgers, topped with cheese, bacon, onion rings and a fried egg. £13.95

*~ VEGETARIAN MENU ~*

**Beer Battered Halloumi**

Deep fried halloumi, served with hand-cut chips, mushy peas, tartare sauce and a wedge of lemon. £9.95

**Mexican Bean Pot**

A mixed bean and vegetable chilli, topped with jalapeños, served with either rice or chips and a salad garnish. £8.45

**Grilled Goat's Cheese Salad**

A mixed leaf salad, with sun-dried tomatoes, croutons and olives, finished with a balsamic syrup. £8.95

**Vegetarian Sausage & Mash**

Three Glamorgan sausages with creamy mashed potato, red wine gravy and mushy peas or fresh vegetables. £8.45

*~ FOOD TO SHARE ~*

**Butcher's Platter**

Beer battered chicken goujons, honey & mustard sausages, grilled black pudding, chicken liver pâté, sweet potato fries, salad, with sweet chilli sauce, wholegrain mustard and cranberry sauce. £12.45

**Farmhouse Platter**

Sliced ham, pork pie, tasty Lancashire cheese, Blacksticks Blue cheese, served with salad, coleslaw, pickle, red onion chutney, butter and farmhouse bread. £12.45

**Fisherman's Platter**

Potted crab, beer battered haddock goujons, deep-fried whitebait and battered king prawns, served with salad, toasted focaccia bread, lemon mayonnaise, sweet chilli dipping sauce and tartare sauce. £13.95

**Continental Platter**

Grilled goat's cheese, breaded brie, olives, houmous, sun-dried tomatoes, served with salad, carrot sticks, balsamic dipping oil and toasted focaccia. £12.45

~ *SANDWICHES* ~

*Available on rosemary focaccia bread or brown farmhouse loaf,  
served with a side salad and homemade coleslaw.*

**Club Sandwich** £6.50

Strips of grilled chicken and bacon, with mixed leaves,  
tomato & mayonnaise.

**Cumberland Sausage & Sweet Onion Chutney** £5.95

Locally sourced Cumberland sausage with homemade  
sweet red onion chutney.

**Pan-Fried Strips of Rump Steak** £7.95

Pan-fried rump steak, fried onions and sautéed garlic  
mushrooms.

**Bacon, Brie and Cranberry** £5.95

A classic combination of bacon, brie and cranberry  
sauce.

**Battered Haddock with Tartare Sauce** £6.95

Beer-battered haddock, mixed leaf and homemade  
tartare sauce.

**Tasty Lancashire Cheese & Red Onion Chutney** £4.95

Slices of tasty Lancashire cheese and homemade sweet  
red onion chutney.

**Ham, Tomato & English Mustard** £5.50

Oven roasted ham, sliced tomato and a hint of English  
mustard.

**Houmous, Rocket & Sun-Dried Tomato** £5.50

Homemade houmous, with sun-dried tomatoes and  
rocket.

**Why not add chips to any sandwich?** £1.00

*~ SIDE ORDERS ~*

<b>Hand-cut Chips</b>	£2.00
<b>Garlic Bread (Add cheese for 50p)</b>	£2.25
<b>Honey &amp; Mustard Sausages</b>	£3.00
<b>Beer Battered Onion Rings</b>	£2.50
<b>Bread &amp; Butter</b>	£1.00
<b>Sweet Potato Fries</b>	£2.50
<b>Marinated Olives</b>	£3.00
<b>Side Salad</b>	£1.50

*~ CHILDREN'S MENU ~*

<b>Sausage &amp; Mash</b>	£4.50
Served with mushy peas and gravy.	
<b>Fish &amp; Chips</b>	£5.00
Served with mushy peas and wedge of lemon.	
<b>Focaccia Pizza (V)</b>	£4.50
Topped with rich tomato sauce and cheese. Served with salad.	
<b>Chicken Nuggets</b>	£4.50
Served with chips and salad	
<b>Ham, Egg &amp; Chips</b>	£4.50

~ *PUDDINGS* ~

**Sticky Toffee Pudding** £4.50

**Cartmel Chocolate Pudding** £4.50

**Banoffee Ice-Cream Pie** £4.50

**Homemade Cheesecake Of The Day** £4.50

All desserts are served with a choice of Cool Cow vanilla ice-cream, pouring cream or custard.

**Cheese & Biscuits** £6.50

Tasty Lancashire, Blacksticks Blue and Brie, with a selection of savoury biscuits and red onion chutney.

**A Selection of Cool Cow Ice Cream**

Choose from: Vanilla, Honey Buzz, Chocolate, Caramel or our guest ice cream of the week (please ask for current choice).

2 Scoops £2.35

3 Scoops £2.95

**Atkinson's Filter Coffee** £2.00

**Pot of Tea** £1.20

**Allergen Information:** Some of our food may contain allergens. Please ask our staff for any required allergen information prior to ordering.

~ *MARINERS GRILL* ~

**10oz Extra Mature Rump Steak**

Served with hand-cut chips, grilled tomato, garlic mushrooms, onion rings and salad. £15.95

**Three Mariners Surf & Turf**

10oz rump steak cooked to your liking, topped with lemon and garlic buttered king prawns. Served with salad and hand-cut chips. £17.95

**Mixed Grill**

5oz rump steak, 5oz gammon steak, chicken breast, Cumberland sausage and black pudding. Served with chips, salad, grilled tomato, onion rings and a fried egg. £17.95

**10oz Gammon Steak**

Served with hand-cut chips, seasonal vegetables, grilled tomato, pineapple and a fried egg. £10.95

Add a portion of pink peppercorn sauce, or creamy mushroom sauce to any dish. £2.00





## ~ HISTORY ~

*The Three Mariners is a Grade II listed building that dates back to the 17<sup>th</sup> Century. The central serving area remains the original part of the building, whilst the dining room was a 19<sup>th</sup> Century addition which formed part of the long rows of tenements that ran along both sides of Bridge Lane.*

*The cobbled street outside was at one time the main route into the city over the river, and the narrow street would have been bustling with sailors and merchants that were docked on the quay. Sadly the river became too heavily laden with silt to allow commercial vessels to pass this far up the river during the early 20<sup>th</sup> Century.*

*There has been a hostelry on the site since the 15<sup>th</sup> Century, some of which remains today. Throughout its lifetime it has played a part in Lancaster's rich history, from housing Jacobite soldiers during troubled times to playing host to the last drink for prisoners as they were led from Lancaster Castle on their way to be hanged. Rumours abound of a hidden passage linking the inn with the castle's dungeons.*

*Originally called the Red Lion, and then named The Three Mariners, the inn was known as The Carpenters Arms through much of the 20<sup>th</sup> Century, so named for the many ship-building businesses in the area.*

*This rich history has been absorbed into the very fabric of the building itself, with numerous sightings of ghosts and reports of paranormal activity. An ethereal woman in a large dress resides on the first floor, whilst a gentleman dressed as a Jacobite has been seen seated by the fire and walking along Bridge Lane outside.*

*One of the younger members of the Leighton family that run The Three Mariners also saw three ladies upstairs within weeks of moving in, but assures us all that they were nice ladies.*

*Today The Three Mariners offers a time-tested home-cooked menu alongside a large range of cask ales, cooled upstairs in our gravity-fed cellar cut into the castle rock.*